



PREVENT THE SPREAD OF GERMS

PRECAUTIONS TO TAKE FOR SCHOOL

Help prevent the spread of COVID-19 and the Flu

CHECK FOR ILLNESS BEFORE SCHOOL



- * Every morning before school check your child for signs of illness
- * DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE: *fever or chills, a cough, shortness of breath, difficulty breathing, muscle fatigue, body aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, diarrhea*
- * DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE A TEMPERATURE OF 100.0 F OR HIGHER
- * DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAD CLOSE CONTACT WITH SOMEONE WHO HAS BEEN DIAGNOSED WITH COVID-19 OR LIVES IN THE SAME HOUSEHOLD AS SOMEONE WITH COVID-19

EMERGENCY CONTACT NUMBERS



- * Make sure your child's emergency contact phone numbers are current and correct at their school
- * Ensure individuals authorized to pick up your child from school are current and accurate
- * Develop a plan for your child to be picked up from school if you are unavailable to

PLAN FOR TRANSPORTATION



- * If your child rides the bus, plan for your child to wear a cloth face covering while on the bus and talk about the importance of following bus rules and any spaced seating rules
- * If carpooling, plan on every child in the carpool and the driver to wear a cloth face covering for the entire trip

WASH YOUR HANDS FOR 20 SECONDS



- * Wash your hands while singing the ABC song TWICE
- * Before you eat, after blowing your nose, coughing or sneezing
- * After using the bathroom
- * If unable to wash hands...use hand sanitizer (60% alcohol minimum)

DON'T FORGET



- * Wear a cloth face covering
- * Keep physical distance from other students
- * Avoid sharing objects with other students including water bottles, tech devices, writing utensils and books
- * Wash your hands often throughout the day



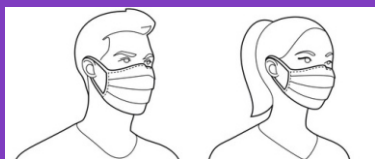
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CLOTH FACE COVERINGS



- * Have multiple cloth face coverings so you can wash them daily and have back-ups available
- * Choose cloth face coverings that fit snugly but comfortably against the side of the face: *completely cover nose and mouth, secured with ties or ear loops, include multiple layers of fabric, allow for breathing without restriction*
- * Can be washed and machine dried without damage or change to shape
- * Label your child's cloth face coverings clearly with permanent marker so they are not confused with those of other children
- * Practice putting on and taking off without touching the cloth
- * Explain the importance of wearing a cloth face covering and how it protects people from getting sick
- * Consider talking to your child about other people who may not be able to wear a cloth face covering for medical reasons (e.g. asthma)
- * Consider providing your child with a container (e.g. labeled resealable bag) to bring to school to store their face covering when eating

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