



Change Your Perspective

What is a Formulary?

A Formulary is a list of medications that are covered under your prescription benefit as determined by your employer.

In what way and how often does the Formulary change?

Medications on the Formulary may change between included and excluded based on recommendations from the clinical staff at Araya, or at the employer's discretion. Changes to the formulary may occur monthly.

What types of medications are included on the Formulary?

Araya follows nationally accepted "standards of care" and has its Formulary reflect this value. Your employer and Araya use a mixture of FDA labeling, clinical trials and expert opinions to determine which medications are included on the Formulary.

Who determines which medications are included or excluded?

Your employer, as well as the Araya clinical team of licensed pharmacists determine which medications are included and excluded. This ensures that formulary decisions are made using the discretion of a clinician with your health and well being in mind, rather than being based solely on cost.

What happens if my medication changes from included to excluded?

If you are utilizing a medication that is to be changed from included to excluded, you and your prescriber will be notified beforehand. Sufficient time will be given to find a suitable alternative medication.

Why are there quantity limits on certain medications?

Quantity limits exist to ensure the medications are being used in a medically responsible and safe fashion. Quantity limits are determined using FDA approved prescribing information and dispensing guidelines.

What are tiers of medications?

The tier of a medication determines the member's copay.

Which medications are included in each tier?

Select preventative medications are made available to members at no cost as part of the Patient Protection and Affordable Care Act. Tier one medications are typically generically available medications. Tier two medications are generally preferred brand-name medications. Tier three medications are generally non-preferred brand-name medications. Finally, specialty medications are considered tier four, and are medications which are considered to require special handling or monitoring by the dispensing pharmacy.

Who determines which tier my medication is in?

Araya utilizes a Pharmacy and Therapeutics Committee composed of over a dozen independent physicians and a single pharmacist, all with various specialties of practice, to decide which tier medications are placed into.