BULLYING

affects everyone.



Who see bullying.

KIDS

who are bullied.

KIDS

who bully.



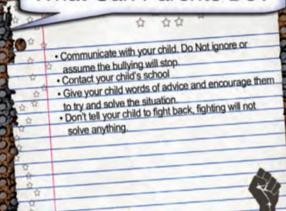
American Society for the Prevention of Cruelty to Children (ASPCC)

An estimated 160,000 students are afraid to attend school due to the being bullied, and reportedly 6 out of 10 students in the U.S. have witnessed someone being bullied at least once a day.

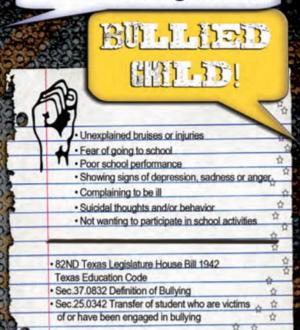
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What Can Parents Do?



WARNING Signs of a



ASK OR CALL FOR HELP!



Weslaco Independent School District

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WESLACO ISD



HELP WISD create a...



FREE Environment.

SPEAK UP!



What is...

BULLYING?

Bullying occurs when a student is exposed repeatedly time and time again to negative actions by one or more students.

TYPES OF BULLYING

	Verbal	Physical
17	Saying or writing offensive	Causing physical pain to
\$	comments.	a person's body.
,	Such as name calling	Examples are:
57	teasing taunting or	hitting, kicking, pinching,
	threatening to cause harm.	tripping and pushing.

	the second secon
Social	Sexual
Hurting someone's	
reputation or relationship	Prejudice behavior in any form (verbal
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amongst peers. physical or social) against gay, lesbian, Examples are: bisexual, trans-gender, leaving someone out on or questioning. purpose, telling other students not to be friends with someone, spreading rumors and publicly embarrassing someone

CYBER-BULLYING

Information and communication technologies (i.e. cell phone, e-mail, instant message and social networking websites) used in a repeated and hostile behavior by an individual or group.

Protect Yourself from...





- Always think about what you post. You never know what someone will forward.
- DON'T SHARE YOUR PASSWORD.
- Set your privacy settings so you can have control over who
- Let your parents know you have a social networking. account. Tell Them what you're doing online and who you are
- Confide in an adult about messages or comments you see that make you feel sad or scared.
- REPORT BULLYING/CYBER-BULLYING IMMEDIATEL

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What to do if you are...

- Look at the harasser and tell him or her to stop in a
- calm tone of voice.
- If speaking up feels to difficult or not safe, walk away and keep away from the harasser. Don't fight back and immediately LOOK for an adult to stop the bullying on the spot.
- Seek out an adult you trust to talk to. Telling. someone is not snitching or tattling. They can help you come up with a plan to stop the bullying.
- Stay away from places where bullying happens. Stay near adults and other kids. Most bullying happens when adults are not around.

IF YOU WITNESS...

BULLYING?

TAKE A STAND!

Don't just ignore it, intervene immediately and tell the bully to STOP.

DON'T CONTRIBUTE!

If someone is being bullied, DON'T support the bully's actions in any sort of manner.

STOP THE RUMORS!

Don't pass on a rumor, let the rumor end with you.

TELL AN ADULT.

Reach out to an adult you trust. They will help you stop the person from being bullied.

BE A FRIEND!

Listen and encourage them to inform an adult about what is going on. Let them know that they are not alone.

IF YOU ARE BEING A BULLY...





